"Incluation" - 1st Students Exchange - Veurne, Belgium, 18th to 24th noviembre, 2018

Students and host families remarks

It was a great week. We learnt a lot of things and we met a lot of people there. Everyone was so friendly and kind. Thank you all for this beautiful experience. Hilias Glykos

It was an amazing experience for the whole family. We met a lot off other people. Learn to leave in an another way. We saw our son even growing and he has now more confidence than before. From now on we have new friends and a new son. I hope see them all again. We would do it immediately again and even for a longer time. **Mom and dad from Bo, Belguim**

It has been an incredible week with lovely people that I have taken a lot of love, I liked everything and I will never forget it. This experience that we have lived, I wish, could be lived all over the world.

Patricia, Spain

This week was one of my favorite things in the world. I met a lot of people, I have made new friend and I will never forget this week. This project definitely was a good idea, because we are children and we are the future of the world and this way we have the change to know what is realy happening in present and we have hope to opportunity the world.

Marta Ribeiro, Portugal.

I loved the experience. It was the first time, i loved to meet all of new students and teachers of the city. Especially the family that received me for 7 days. They were amazing, kind and generous. I hope that i can see you all again someday. **Lucas, Portugal**

It was a fantastic week. So incredibly happy that I met all these lovely and nice people. It was the best week ever! Thank you for everything! Hopefully I'll see you again. **Marlies, Belguim**

It was very nice to meet you all! I've got an incredible time. I miss you! I hope to see all of you again!

Luna, Belgium

I have enjoyed a lot this trip. I would repeat it. I had a very kind hosting family, it was fascinating to be with them during one week and I have met a lot of friends, we will stay in contact and visit each other. I love them so much and miss all of them too. Thanks for everything that you have taught me and for being so kind, you've made this week one of the best week of my life.

CAROLINA, SPAIN.

I had a very good week i would love it to this again Ivan was very nice every body of Spain, Greece and Portugal ended in one big group this was the max everybody was nice and friendly most people became good friends with everybody i hope no one forget this week i won't forget this

Bo, Belgium

This trip was one of the best in my life. I had learnt a lot of things about other cultures, styles of life, and of course, english. Thanks for all the people that made tgis trip the best of my life. You're amazing !!!

Marcela-Spain

I had an amazing experience!!! I miss my friends there **Silvia, Spain.**

I had a great time and a great experience last week. I met a lot of different people and made a lot of friends. I think it is a very good project because children have the choice of knowing more about the world, cultures, traditions, and having a great time "escaping" from the routine. I have to thank my family as well for taking care of me and also my teachers. I miss the time we had and the people we met but anyway I'm sure we'll see each other again. **Javier, Spain**

I am missing right now one of the best weeks I have ever lived. Thanks to the project Erasmus +, I have learnt lots of things. For instance, I have known about new different cultures and awesome cities that I would like to go sightseeing again, like Brussels. In addition, how to live with a family who was like mine, they all were very friendly and took care of me. And the best and the most important thing is that I have made lots of new friends that I will never forget. I hope to see all of you again, thanks for all! **Iván, Spain**

It was a pleasure to finally meet the family and the other students. I loved every single place we visited and I made many new friends. I have to say that I was a little bit nervous before coming but when I arrived all my conserns flew away... My host family was so kind and generous... Thank you all for this amazing experience... Athena Feleskoura

This trip was one of the best experiences in my life so far. My host family was super kind and hospitable. Also, I made many new friends from Spain, Belgium and Portugal and I hope to see them all again one day. It was a perfect project and I think it will contribute in the communication between different cultures

Fay

ACTIVITIES

FIRST DAY: Learning to know each other + icebreaking activities at school

First the headmistress welcomed everyone and then all pupils from the four delegations did their utmost to present their school and region. After that we all went to the gym room to do some icebreaking activities. The pupils had a great time with original games the gymteacher had prepared for them and more important they learned to know each other better.

After the morning break there was a fashion workshop. All students made one or more rings for our incluation ring. During this activity the foreign students got assistance from pupils from the fashion department. The activity was concluded by a demonstration of the ring on the playground where other pupils had painted small figures which refer to our INCLUation logo. Walking quiz in Veurne with visits to organisations linked to the focus of INCLUation

SECOND DAY: Hackathon: INCLUation group activity

We started with a two-day hackathon. Tuesday morning students in groups of 6 with a teacher as coach did a brainstorming: How to make an appropriate stand for a multicultural foodtruck festival. To the foodtruck festival about 100 people (students, parents, staff and some external people like the Mayor of Veurne and a responsible person from the Flemish National Agency) were invited. After the brainstorming they had to work out their idea with help of experts (teachers from our care department): create a company name, logo, slogan a multicultaral dish and a video.

In the afternoon the logo was sprayed on t-shirts and all ideas were worked out in detail. What ingredients, quantity, price, where to buy etc. Also all details for the company videos were agreed upon.

THIRD DAY: Hackathon: INCLUation group activity

In the morning students recorded the videos and made up a shopping list. Each group also had to sign a contract before receiving the budget of € 150 per group.

After the pause students went tot he supermarket and/or local market to buy all ingredients. They had to ask for all receipts because they needed to give a detailed report (Exell file) of all expenses.

In the evening The Foodtruck festival was presented. First the principal and the Mayor of Veurne held a speech, then the videos of all companies were projected on the screen and last but not least all people present could enjoy 7 different well prepared multicultural dishes. After the festival all students helped to clean the gathering room and all kitchens and kitchen equipment.

FOURTH DAY: Excursion to Brussels

In Brussels we first went to the Parlamentarium. There students learned more about Europe, its history and its institutions. After lunch three groups were formed. Each group did a guided walk of hope. One group started at the station North to do the walk "In the traces of an asylum seaker", another group started at Central station to do the walk "The seven works of mercy" and a last group also started at Central station to do the walk "The real Marollen". All students were very much impressed by this non-touristic view on the Capital of Europe.

We finished our visit to Brusses with a typical touristic walk along the Great Market Square, Manneken Pis, The Royal Galleries etc.

FIFTH DAY: Visit company Optimat: company for specific target groups + Excursion to Bruges

There we visited a big company OptimaT where specific target people (people with special needs, ass, down syndrome etc) work. We first got a very interesting PoperPoint presentation about the company. Especially their outsourcing activities were explained in detail. After that we had a one hour guided walk through all the divisions of the factory. The students were astonished to see what work is done there by specific target group people.

Before lunch we took the train to Bruges. There the students were free to spend an afternoon together. In groups they went shopping, visited some touristic sights etc.

In the evening there was a farewell party for all students, guest-families and staff. Everybody was offered the typical Belgian fries and guest-families prepared some nice desserts. The students danced, sang and had a lot of fun.

SIXTH DAY: Day of departure.













